

THE BOOK AND ITS ROLE IN HUMAN DEVELOPMENT

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"A book is a dream you can hold in your hands" (Neil Gaiman)

We need to instill in a child an interest and love for books from an early age. From the very beginning, from early childhood, they should get used to the pages of a book, so that later on, being close to it becomes a necessity. It is no coincidence that psychologists advise future parents to read books to their children while they are still in the womb, and to listen to quiet music. Because during the womb, children have already developed certain skills, the improvement of which, as I mentioned above, should begin from an early age, even before birth. If we take into account that children react to even the slightest noise while in the womb, then it is understandable with what pleasure they will listen to the quiet voice of their parents reading them a fairy tale or some masterpiece of poetry. In this way, the child not only gets used to the parent's voice, but also lays the foundation for the development of the ability to listen, which is one of the most important skills a person possesses, and it can be said that it is the basis for a successful future, a successful career, and the formation of a realized personality. Thus, the future parent has a very large and important function ; he must take care of not only the physical, but also the spiritual development and perfection of the child. Before that, it would be better for the parent to be well aware of the importance of his own role in the life of his child.

A child should start interacting with books from an early age. He or she should have contact with the pages of a book, should know how to hold a book, how to turn the pages , that a book is also spiritual and that rough handling is not allowed. In this case, the child will develop the necessary skills that are needed for a person who appreciates books and literacy. If we take care from the very beginning that the child knows the meaning and purpose of a book, the result will be a well-formed, prepared first-grader who comes to school thoughtfully and motivated according to his or her age and, accordingly, achieves certain success.

The child reveals his attitude towards the book from the very first contact with it. An observant and experienced eye will notice the child's aspirations from the very beginning, based on which

he will allow the child to develop taking into account his own interests. That is why it is important for the child to have a relationship with the book from an early age, so that later, already at school, he does not develop a fear of it, does not perceive it as a burden that he must carry on his back for 12 years. On the contrary, it is desirable for the child to perceive the book as a friend from whom not only can he learn a lot, but also as a means to share the beauty of the world without leaving the room, to get acquainted with the customs and traditions of peoples, history, to travel to a colorful and interesting world, to master a foreign language. Therefore, the child needs colorful and interesting books like this one from an early age. The parent should take care not to deprive the child of the happiness of being close to the book. When did Cicero say, "A house without books is like a lifeless organism?"

To begin with, it is desirable that the book be decorated with large, colorful illustrations, with realistic characters (so that the picture does not create an incorrect perception of people, animals, or birds), and printed in large font to arouse interest in the child.

It is not easy for one person, a parent, to shoulder the heavy burden of raising a representative of the future generation, but it is not impossible. It must be said that the parent does not have to carry this burden alone; first, the preschool teacher helps him, and then, at school, the primary school teacher. Finally, the parent simply fulfills the function of a facilitator, because the school bears the maximum responsibility towards its student, parent, and country, although this should not be understood as absolving the parent of his share of responsibility. On the contrary, he is represented in the child's life with such a status that it is impossible for him to avoid responsibility. However, we cannot deny that a catastrophically large proportion of parents have an inappropriate attitude towards this specific topic. Based on years of observation and research conducted in schools, I had to make a rather unpleasant conclusion; Only a small part of children have books on any subject other than school textbooks at home, and the majority of those who have literature to read have never expressed a desire to read it. During the survey, only a small part noted the fact of interest in fiction. When asked to name the reason why literature was not the focus of their attention, they answered that they preferred to receive information by phone or through social networks. They do not know that a book is not only a way to receive information, but also has some healing properties.

And yet, how can we make a child love books, how can we bring them closer to them?

At an early age, it is not only desirable for parents to read a work of one type or another (depending on the child's age), but it would also be good to ask questions about the content of what was heard, the character of the characters, the situation described in the work. Later, when the child is able to convey his or her own thoughts well, the parent can read the work up to a certain episode that is the most interesting, and then ask the child to continue it with his or her own imagination. This way, the teenager will develop creative skills, refine his or her

speech, and get used to reasoned reasoning, which is necessary for a person of any profession and helps in self-realization, career advancement, and, accordingly, creating a secure future.

Because learning is a continuous process that cannot exist without books, and every person involved in it is a small link in this great chain, the loss of even one link disrupts the unity of the chain and renders the scattered links in it ineffective.

It is clear what a great and important role the family and parents have, not only for their own children, but also for their own and the country's future. In general, an educated parent is a guarantee of an educated future generation, because he or she well appreciates and understands the importance and role of education, both for the individual and for the country's development and building a better future.

Unfortunately, in recent years, various means have been used to replace books, such as tablets, phones, and computers, which somewhat limit the function of books. However, it is inconceivable that anything can replace a book. It is one thing to receive certain information on a particular subject, and it is another to give yourself the happiness of touching and interacting with a book. A good reader perceives a book almost spiritually, because during the reading process, he is so absorbed that he feels like a character in a particular work.

It's a pity that children don't have A literate environment at home has a very negative impact on their mental development. Often, children go to school with no idea, not only about books, but also about colored pencils and notebooks, not to mention other school supplies or skills that help them develop and shape.

Regarding this topic, I can recall a number of episodes from my pedagogical practice that left me in a state of severe emotional turmoil.

For example; a 5-year-old boy was brought to an alternative preschool who had difficulty interacting with his peers and would not communicate with his teacher (me). Eventually, after a few difficult days, we resolved this problem, but I faced a worse and much more difficult problem during a drawing class when I was teaching the students to draw a flower. The aforementioned student started crying, throwing colored pencils and a sketchbook here and there. I asked the assistant teacher to take the student to the toys to calm him down. A few minutes later, when the boy stopped crying, I took the sketchbook, a red pencil (because I was going to draw a flower), went to the student, sat down next to him on the carpet and asked him to draw a red flower together. As soon as I drew a line on the white sheet of paper with a red pencil, she started crying hysterically again and cowered in a corner. I was amazed by her behavior, tried to understand the reason for her such a strong reaction and started talking to her. To my surprise, she had never seen a pencil and thought that it was a spiritual being that flowed red blood when it touched the paper. I must emphasize that the foster family did not engage in cattle breeding, they did not have to temporarily live in the mountains or fields, and therefore, children raised in such a family should have more opportunities to receive an

education. If this family has such a difficult situation in terms of education for the younger generation, imagine the situation in which children who have seen nothing but sheep and cows their whole lives and, judging by this, have difficulty even communicating with people find themselves. We know that going to school for a child is, in most cases, associated with some stress, so it is easy to imagine the amount of stress that going to school for children raised in this way will cause in them .

When we face such problems with such an elementary issue, what should we say about relatively older children?

As the “Student Needs Survey” showed me, which I conducted in two schools where I work and, fortunately, allows me to observe and research representatives of different ethnic groups, the modern generation, regardless of its ethnic affiliation, has difficulty understanding and comprehending what it reads, connecting it to life facts, and thinking critically. And the reason for this, to my surprise, is named by the students themselves as modern technologies, students’ excessive interest in computers and phones. My goal is to learn how to teach students in such a difficult situation to express their opinions properly, to argue, and to think critically. However, I must admit that it would have been much easier for me to start this task from the very first days, not from the middle of the road, because it is much more difficult to remake an existing sculpture than to carve a new one, even from a block of rock.

References:

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